

URINARY TRACT INFECTION PREVENTION PROTOCOL

POLICY:

Residents with history of urinary tract infections (UTIs), chronic urinary dysfunctional conditions, acute urinary medical conditions and with urinary catheter placement as well as those receiving medications that precipitate incontinence or urinary retention will be placed in a urinary tract infection prevention program.

PROCEDURE:

1. Upon admission, screen the resident for history of UTIs, urinary related diagnoses and presence of catheters.
2. Review the medication profile for drugs that contribute to incontinence or urinary retention based on known side effects. **SEE ATTACHED LIST**
3. If any of the above criteria are present, institute the UTI Prevention Protocol.
4. Contact the attending MD for approval. Review the protocol with him/her.
5. Notify the Dietary and Activity Department.
6. Notify the resident and/or family.
7. Add the UTI Prevention Protocol to the resident's Plan of Care.
8. Draft a progress note citing the above actions.
9. If at any time after admission, the resident develops any of the above conditions or receives any of targeted drugs, institute the UTI Prevention Protocol.

PROTOCOL:

1. Nursing to provide 400-500cc extra fluids with medication pass over 24 hours.
2. STNA assigned to resident provides 120-180cc of fluid during each shift.
3. Dietary adds 120cc extra fluids per meal and 240cc fluid snack per day.
4. Activities will offer 120cc additional fluids during activity sessions.
5. Resident is placed on scheduled or prompted toileting program, as appropriate.
6. Consider the importance of recumbent diuresis and its impact of nocturia. Plan to toilet residents within 2 hours of laying them down.
7. Involve resident in exercise program if possible.
8. Increase pericare or instruct resident on proper hygiene techniques.
9. Change incontinence pads often to prevent secondary infections.
10. Remove indwelling catheters as soon as possible. For those who must use a catheter, provide catheter care, anchor catheters to prevent trauma and follow fluid regimen.